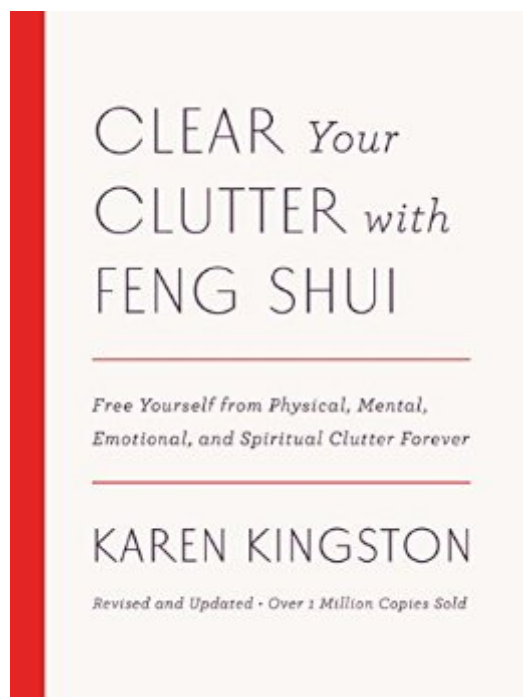


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Clear Your Clutter With Feng Shui (Revised And Updated)



Synopsis

In this revised and updated edition of her classic, bestselling book, Karen Kingston draws on her wealth of experience as a clutter clearing, space-clearing, and feng shui practitioner to show you how to transform your life by letting go of clutter. Her unique approach lies in understanding that clutter is stuck energy that has far-reaching physical, mental, emotional, and spiritual effects. You'll be motivated to clutter clear as never before when you realize just how much your junk has been holding you back! You will learn:- Why people keep clutter- How clutter causes stagnation in your life- How to clear clutter quickly and effectively- How to live clutter-free

From the Hardcover edition.

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Customer Reviews

I read the original long ago and have bought copies over the years as gifts. This time I sent the revised edition to a friend who is getting ready to move and needs support for getting rid of stuff!

GREAT BOOK

Excellent book. As a therapist I have recommended this book and as people begin the process of

clearing out the physical junk, much of the mental issues begin to clear up and people do begin to move on with their lives.

I would recommend this book to anyone- there are great suggestions in here for everyone from neatniks to clutter bugs. It helped me to make some real changes in the way I think about organizing and cleaning. The tone of the book does a good job of explaining the concept of Feng Shui for beginners and skeptics.

Okay, so I am a very confirmed pack rat, slob. I hate to admit but there it is! It is very hard for me to consistently stay organized and on top of clutter. I feel all kinds of things about that: indignation (I DON'T HAVE TIME TO CLEAN!) and shame being the main things. I love open spaces; I love my stuff. And with 4 dogs, 3 kids, it IS hard to keep up. Hence, the allure of the new wave of decluttering books is strong for me. I WANT to be clutter free. My husband is good about it but as the years (and hobbies, and clothes) grew, it got harder to keep up. I have read "The Magical Art of Tidying up" by Marie Kondo. It's sparse, somehow feels fresh in it's approach and is inspiring (lots of emphasis on what you can do and that you can change!) This book follows a similar vein but with simple information on Feng Shui (baguas included). It is a good primer book but, what it boiled down for me is that I didn't feel inspired as I do when I read Kondo's book. There is nothing wrong with the book. It's a fresh approach to an old subject. Clutter can block you, freeing yourself of clutter is a bigger thing that we can imagine, etc. I like it. It's a great book if you haven't read the others. I like that it includes a lot of linking to our own physical body (cleansing our clutter from our intestine for example). It's an interesting read. But, as a confessed clutterer, I don't feel INSPIRED. There is a lot about how bad clutter it is and how to organize getting rid of it. It simply lacks the simplicity that made Kondo's book so inspirational and clear. Good information and well-organized. I just didn't find it very useful for the way my brain is organized. I received this book from the Blogging for Books program in exchange for this review.[...]

japanese author marie kondo has become the de rigueur decluttering guru with her 2014 best-selling book "the life-changing magic of tidying up". in a modest post-recession climate, downsizing and simplifying one's life has struck a cord with millions of devoted followers of the so-called KonMarie method. but before marie kondo came karen kingston's 90's bestseller, "clear your clutter with feng shui". whereas kondo is influenced by the animistic shinto faith, kingston uses the ancient chinese philosophical system of feng shui. kingston has revised and

updated her 90th bestseller, which is now available in the US through harmony books. (disclaimer: i was provided a copy of the book in exchange for an unbiased review.)when juxtaposing the life-changing magic of tidying up and clearing your clutter with feng shui i find myself preferring one author's voice to the other. kondo is funny and sincere in explaining the theory behind decluttering, as well as practical steps toward achieving it. the petite, japanese woman is all charisma in her many YouTube videos on topics such as how to fold a sweater. kondo asks her readers to change their mindset, to decide whether to keep or throw something by asking whether it sparks joy or not. it is a simple, but profound directive. i found it easy to follow kondo's logic, and was inspired to start organizing my life. kingston, on the other hand, provides many bits of advice but lacks a cohesive narrative. that narrative should have been feng shui. despite being in her book's title, kingston spends very little time explaining the chinese philosophy. i closed her book with more questions than answers. i conclude that kingston's book is for those with a prior knowledge of feng shui. for the novice reader, i recommend marie kondo's inspiring and revolutionary book, the life-changing magic of tidying up.

This is an excellent book to jump start your life's decluttering. The author elaborates on the external and internal effects of clutter, collecting, and hoarding in our personal lives in the areas of home, health, relationships, and emotions. You will close this book prepared to get your life in order and let go of things that you have been holding onto for years. This book will give you the freedom and permission to do so. In a few areas, the author alludes to the negative energy that clutter produces. I personally do not believe in the term "energy", but cause and effect, and that our actions have reactions (or consequences) that effect our life and the lives of those around us. If you are ready to get your life and home in order and declutter those things that have been holding your life bound, get a copy of this book. Get the boxes ready. You are going to have some packing to do!

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